Ronald McDonald House Charities® of Greater Washington, DC (RMHCDC) eases the hardship of childhood illness on families through programs that directly improve the health and well-being of children.

THREE CORE PROGRAMS

Ronald McDonald House®: Keeping Families Close®
Faced with a child’s illness life stops overnight and parents enter a world of fear and worry. For parents who don’t live close to the medical care their child needs, there’s an added stress: Distance. Most families have to travel hours for treatment. Living expenses quickly add up. Being far from family and friends. These are extra burdens no family should have to experience. Our two Ronald McDonald Houses provide a home for families so they can stay close by their hospitalized child at little or no cost. They are built on the simple idea that nothing else should matter when a family is focused on the health of their child - not where they can afford to stay or where they will get their next meal. Staying at our Ronald McDonald Houses improves a family’s adherence to needed treatment plans and allows better communication with their child’s medical team.

Ronald McDonald Care Mobile®: Giving Children Access to Health Care
We operate two Ronald McDonald Care Mobiles in association with MedStar Georgetown University Hospital. The KIDS Mobile Medical Clinic/Ronald McDonald Care Mobile delivers free, high quality, family-centered medical care to children from birth to 21 within their communities. Children who often have poor access to comprehensive pediatric medical services, receive this care regardless of financial means. The Ronald McDonald Care Mobile, home of the FITNESS (Fun in Teaching Nutrition and Exercise to Successful Students) Program partners with local schools in DC to deliver a curriculum focusing on healthy eating and the importance of physical activity to students in grades K-8.

Ronald McDonald Family Room®: Supporting Family-Centered Care
Our Ronald McDonald Family Rooms on the Hematology/Oncology unit at Children’s National Hospital and in Inova Children’s Hospital on the 8th floor Pediatric Intensive Care unit and 10th floor Hematology/Oncology unit, complement our partner hospitals’ family-centered approach to patient care. The Family Rooms provide families a place to regroup just steps from their child and make it easier for parents to actively participate in their child’s treatment plan.

“There are so many excellent causes, but having one like Ronald McDonald House Charities of Greater Washington, DC right here in our community means my family and I can actively support it financially and get personally involved through volunteering and see the meaningful impact on sick kids and their families. Between the Houses, Family Rooms, and Care Mobiles, we help more than 10,000 children and family members annually, so they can focus on getting better and staying healthy. I’m incredibly proud to call RMHCDC part of our extended family.”

- BRAD COLE, BOARD CHAIR
In December 2016, just two days after Christmas, our lives changed forever when my water broke at just 23 weeks pregnant.

Fortunately, Merrick held on for a full two weeks before my body naturally went into labor. He was born at 25 weeks and 3 days, weighing 1 lb. 13 oz. He was immediately taken to be stabilized, intubated, and put on a ventilator. More than 10 hours later, I finally got to see him.

Merrick was in the NICU for 92 days. During this time, we had several close calls while he battled a blood infection and pneumonia, struggled with symptoms related to his congenital heart defect, and was diagnosed with chronic lung disease, apnea, and eye disease, to name a few.

Two weeks after bringing him home, Merrick began to have issues eating. He would scream, cry, and vomit upwards of 10 times a day. His vomiting caused him to choke, stop breathing, and turn blue.

The nearest clinic that specialized in kids who have lung disease, feeding, and GI issues was almost 4 hours away in Washington, DC. We had to wake up in the middle of the night to drive almost four hours for an early morning appointment, drive another four hours to get home, then head back to work the next day. It was exhausting!

We were so happy when we were given at room at the Ronald McDonald House of DC. Since we have to travel for specialized pediatric care, having a place to stay near our child, get a shower, eat, and sleep alleviates so much of the stress.

We arrive at the House the night before an appointment, which allows all of us to get a good night’s sleep and make a short drive to the hospital. When we check in, there is a care package waiting for us with books, toys, a blanket, PJ’s, and toiletries. Being the parent of a sick kid is very isolating and lonely. These care packages and small gestures mean the world to us, because it reminds us that we are not alone, and we have so many people rooting for Merrick.

My favorite part about the House is knowing there is always a “home-away-from-home” and a support team waiting for us. I want to give my heartfelt thanks to all who have contributed to making the Ronald McDonald House of DC all that it is.

There are no words to describe what it is like to be the parent of a sick child. Nothing else seems to matter, but the reality is that even though your child is sick, the world around you doesn’t stop. You still have to eat, sleep, shower, work, and keep up with responsibilities at home. The services provided by the partners of Ronald McDonald House truly changes the lives of families like mine.
**BECAUSE OF YOU...**

10,693 children were served across three core programs.

**Ronald McDonald Houses**
Number of Family Nights: 10,419  
Number of Families Served: 413  
Number of Family Members Served: 884  
Average Length of Stay: 16 days  
Longest Stay in 2018: 623 nights

**U.S. Families to date:**
Virginia: 179  
Maryland: 106  
West Virginia: 20  
Pennsylvania: 9  
Other: 77

**Families in our Ronald McDonald Houses:**
Total Number of Outpatient Visits: 163  
Total Number of Inpatient Visits: 239  
Hospitals Served: 18

**Ronald McDonald Family Rooms**
*and Hospitality a la Carte:*
Number of Family Visits: 4,308

**Ronald McDonald Care Mobiles**
Total Number of Patients Served: 4,121  
Total Number of Medical Visits: 1,080  
Health Education Reach: 10,268

**Patient Departments to Date:**
Neonatal ICU: 123  
Cardiac ICU: 34  
Pediatric ICU: 35  
Transplant: 26  
Hematology-Oncology: 53  
Medical Care: 18  
Surgical Care + Ortho: 45  
Neurology: 13  
BMT: 20  
Psychiatry: 3  
Gastroenterology: 7  
Myositis Clinic: 11  
Rehabilitation: 4  
Heart & Kidney Unit: 5  
Other: 68

**FAMILY QUOTE:**

*What did you like most about the House?*

“We loved that we did not have to think about anything other than our daughter. ...I can’t imagine what this time in our lives would have been like without the amazing support from the RMH and all the volunteers.”
PROGRAM GROWTH AND CHARITY NEWS in 2019
Your investment at work.

1. **Across 3 core programs, 10,693 children served in 2019.**

2. **We're expanding!** Over the years, RMHCDC has grown exponentially to better serve the needs of families who come to us for assistance.

   Starting with one 16-bedroom house in 1980, we have since expanded our services to include two Ronald McDonald Houses with a total of 32 bedrooms, three Ronald McDonald Family Rooms, and two Ronald McDonald Care Mobiles serving families and children in the District, Maryland and Virginia. Through these three core programs, we help close to 11,000 children and their families annually.

Even with this progress, every year we are unable to provide aid to a growing number of families, due to our facilities’ limited capacity. Our Ronald McDonald Houses have been forced to turn away 168 families because of a shortage of rooms. And the demand for rooms is only increasing. Newly opened oncology treatment units and the creation of specialized disease centers at major area hospitals will cause a rapid influx of families in need to our Ronald McDonald Houses over the next 2-3 years.

To serve this growing population, we are renovating both of our Ronald McDonald Houses to help even more families in need of a safe, supportive, and affordable "home-away-from-home" while their children are undergoing treatment for pediatric illness at nearby hospitals. We will increase bedrooms at the Ronald McDonald House of Northern Virginia from 8 guest rooms to 24 guest rooms, and the Ronald McDonald House of Washington, DC will go from 26 to 32 guest rooms. This $5+ million project will better position us to help the 33% of families on our wait lists we are not currently able to accommodate. Learn more at www.rmhcdc.org/40years.

3. **An easier way to provide a meal.** Nativ3 generously donated the design and implementation of a custom calendar system for volunteer meal groups that is more user-friendly and streamlines the sign-up process. Their custom tool makes it even easier for supporters to make a difference!

4. **Raising our feet to raise hope for families.** 768 pairs of feet (and dozens of paws) walked and ran, but we raised a lot more than just feet last year! Thanks to our generous sponsors, fundraisers, donors, participants, and vendors, as of today we raised over $97,000 to help families in need at the 9th Annual Red Shoe 5k Run & Walk!

5. **Feed the House.** Our yearlong partnership with Giant Food to Feed the House successfully gave our families a healthy variety of meals by providing easy-to-follow seasonal recipe books for volunteers. In addition to providing the recipe and shopping list, Giant Food also made it easier for volunteers to give families in need a fresh meal by providing $20 gift cards to meal groups. Thanks to Giant’s generosity, we can now provide our volunteers with some culinary inspiration and ensure our RMHCDC families have the energy and nutrition needed to be strong for their children.
PRELIMINARY FINANCIALS: January 1 to December 31, 2019*

REVENUE   $6,188,354
GIFT IN KIND  $215,236
(subset of total revenue)

EXPENSES
Program   $2,836,099
Fundraising   $454,259
Mgmt & Gen   $443,935
TOTAL EXPENSES  $3,734,293

ASSETS
CURRENT ASSETS
Cash    $366,688
Accts Receivable  $923,564
Prepaid Expenses  $35,509
Total Current Assets  $1,325,761
Restricted Cash  $455,124
Investments   $12,756,839
Long-term receivables $1,187,032
Fixed Assets, Net  $7,492,213
TOTAL ASSETS  $23,274,644

LIABILITIES
Accts Payable    $164,344
Other Current Liabilities  $62,361
Total Current Liabilities  $226,705
Capital Lease Payable  $3,746
Total Long-Term Liabilities  $3,746
Total Liabilities  $230,451

NET ASSETS
Without Donor Restrictions  $18,469,812
Temporarily Restricted  $3,233,880
Permanently Restricted  $1,345,01
With Donor Restrictions  $4,574,381
Total Net Assets  $23,044,193

TOTAL LIABILITIES & NET ASSETS  $23,274,644

*2019 Financials are pending audit and are not finalized. Copies of RMHCDC 2018 audited financial statements are available by request from finance@rmhcdc.org.

How Does McDonald’s Help?

Ronald McDonald House Charities has been McDonald’s “charity of choice” for over 40 years.

Portions of the annual operating costs for Ronald McDonald Houses are generously funded by local owner/operators of McDonald’s restaurants. The remainder of our annual operating income comes from the generosity of individual, foundations, and corporate donors.

McDonald’s involvement extends beyond monetary support: Franchises partner with RMHCDC for promotional and fundraising events; Owner/operators participate on our RMHCDC board. Globally, more than $200 million has been collected through RMHC Donation Boxes.

Although McDonald’s owner/operators are our Foundation Caring Partners, RMHCDC is a non-profit 501(c)(3) corporation and no one company can solely fund the growth of RMHCDC programs and services necessary to serve more families. We also rely on the support of the entire community and greatly value any donations you can afford to RMHCDC, whether it’s through cash and/or in-kind contributions, your time or fundraising efforts.
We gratefully recognize the Loyal Hearts Society members who have been critical to expanding our care for families in need.

These generous donors have given $1,000 or more over the course of 2019, gaining them a place not only in our hearts, but also in our home. The names of our Loyal Hearts Society members are listed in our Ronald McDonald House, acting as a physical reminder of the support and care these donors have given our children and families.

### HEARTS OF GOLD

**$5,000 and above**
- Alpha Delta Pi, GWU
- Alpha Pi Chapter
- AXA Equitable Foundation
- Pamela J. & Steven W. Barger
- Cathy Bernard
- Clark-Winchcole Foundation
- Connelly and Associates Inc
- Democracy Fund
- Estate of Howard Lewis Vess
- Kay Family Foundation
- Queen of Virginia Skill & Entertainment
- Ragnarok Technologies

### HEARTS OF LOVE

**$3,000 - $4,999**
- Rebecca Cooper
- Martin-Brower Company
- Andrew Raelson
- Mr. & Mrs. Thomas Raffa
- Mr. & Mrs. James C. Sliger
- Whispering Bells Foundation

### HEARTS OF CARE

**$1,001 - $2,999**
- Amazon Web Services
- In honor of our Heart
- Hero Winnie W. Bittner
- The Boeing Company
- Boonsboro High School
- Ericka Boone
- Elaine Boswell
- Nancy A. Bright
- The Chen Family
- Brad Cole
- Mr. & Mrs. Gary Daigle
- Christina Emerson
- The Eckloff Family
- EurAuPair International Facebook
- Melinda K. Floom
- Linda Fuortes
- Geico Philanthropic Foundation
- Google Serve
- Mr. & Mrs. Isaac Green
- Kristina Grumiaux
- Independent Project Analysis, Inc.
- Vernon & Kathy Joyner
- Kendra Scott Design, Inc.
- Carlin R. Kenny
- Jocelyn Linke
- Mary Herrick Moltz
- Natysin Family Foundation
- Navy Seal Foundation
- Martha Parra
- Joan Pesata
- Renee Reiner
- Steven Riley
- Mike & Lori Rowen
- Sayed Sadat
- David & Kelly Schneider
- Shulman Rogers
- Karen Sowers
- Adrian & Karen Steel
- Kari Swenson
- The Reef Team
- TTR Sotheby’s International Realty
- Mr. and Mrs. John F. Welch

### HEARTS OF HOPE

**$1,000**
- Anderabi Enterprises LLC
- Associated General Contractors of America
- Mrs. & Mr. Carolyn C. Baker
- Betty J. Cameron Charitable Fund
- Mr. & Mrs. John F. Breyer
- Bob’s Discount Furniture Charitable Foundation INC
- Lauren Boyle
- Burns & McDonnell Foundation
- Civican Club of Tysons, Virginia, Inc.
- The Coca-Cola Company
- Eleanor Garrow-Holding
- Mr. & Mrs. Tom Herrmann
- Holder Construction Group
- Matthew Johnson
- Kerri Kocheleik
- The Lahr Family
- The Louis & Dora Smith Foundation, Inc.
- Ted McDaniel
- Patricia A. McKervey
- Michael Degitz & Ann Gallagher Charitable Fund
- Mr. & Mrs. William J. Morris
- J. Bernard & Carole Nebel
- Karen O’Hara
- Harry Patterson
- The Peterson Family Foundation
- RAHE, Inc.
- David & Brenda Rardin
- Max Recker
- Renaissance Charitable Foundation Inc.
- Kerry Riley
- Ellen Schrantz
- In Memory of Billie Jennean Shaddix
- The Stevens Family
- Technology Executive Group
- Carl Wallin
- Nancy Whitaker
SOMETIMES, THE BEST MEDICINE IS HAVING FAMILY NEARBY.

Thanks to these and other generous donors, thousands of families have the comfort, support, financial relief, and access to medical care needed most when a family is struggling with the illness of a child. Thank you for providing more hugs, kisses, and I love yous when they need it most.

DONORS JANUARY 1, 2019 - DECEMBER 31, 2019

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MEMORIAL GIFTS
I put your name in my heart and forever it will stay.

Evan Arnold
Charlie Matthew Baer
Snehal Barve
Makenzie Beach
Zoe Beachley
Elizabeth Sonnema Blythe
Vincent Boog
DavrieLyn Buchanan
Rhonda Busch
Shirley Butterworth
Hilda Lorraine Clemons
Jerry Miller & Cohen Smith
Henry Alexander Collins
The Honorable John Dingell
Xavier Durfee
Rick Dutow
Jay Foreman
Vilma Fortune
James Fraiser
Joan Funkhouser
Ryan Gebler
Joseph A. Gildea
William Glensor
Robert Hockstein
Tracy Hottenstein
Little Jake
Joshua Ryan Jennings
Arlene Jones

Anthony Kane
Charlie Keene
Timothy Krecke
Joshua Milton Liu
Edward (Tiger) Maguire
Charles Marcus
Betty L. McDonald
Khloe McFadden
Owen O’Hara
Don Pettinelli
Kyle Phelps
Marcellus Potts
Rosemary Mahfood Primeaux
Herbert Reines
Betty L. Richards
Charles Rogers
Larry Wayne Rose
Stanley E. Russ
Olenk Santore
Troy Satterley
Carol Schaeffer
Billie Jennean Shaddix
Allison Shepherd
Leonard Okes Smoot Jr.
April Spurrier
Ty Stallworth
Brent Stitely
Andrew Synder
Erin Trimarchi
Max Van
Valkenburg
Francis Bedford Williams
Mary L. Winford
John Wolfson
Pat Wood

THANK YOU
The generosity, love, and support you show is felt deeply by every one of the children and families we serve.

VOLUNTEERS ARE THE HEARTBEAT OF OUR HOUSE

In 2019...

3K VOLUNTEERS
More than 3,000 volunteers gave their time and talent to help make our Houses a “home-away-from-home.”

7,500 VOLUNTEER HOURS
Volunteer groups spent more than 7,500 hours cooking, cleaning, providing programming, and creating smiles.

620 MEALS
Home-cooked meals provided time together and stress relief for our families.
“You made it possible for me to stay with my family during hard times.”
- 2019 Family

Washington, DC House 3727 14th St. NE
Washington, DC 20017

Northern Virginia House 3312 Gallows Road
Falls Church, VA 22042

Connect With Us:
WEB: www.rmhcdc.org
EMAIL: info@rmhcdc.org
PHONE: 703-698-7080
INSTAGRAM: @rmhcdc
TWITTER: @RMHCDC
FB: RMHCofDC
UNITED WAY #: 9050
CFC #: 150050

Please continue your support by donating at www.rmhcdc.org. Thank you!