In 1973 Carey and Don Randall received the devastating news of their three-year-old son, Rick’s, diagnosis of leukemia. Rick began three years of successful treatment at Children’s National Hospital. The frequent trips to and from the Hospital were stressful and exhausting, though they lived in Arlington, a relatively close distance. They recognized how difficult more distant travel would affect families.

At the time, there were 15 Ronald McDonald Houses in the country - a new, powerful resource for helping families stay together when their child needs medical care.

Upon the suggestion of her social worker, Carey flew to Chicago with two other parents of children with cancer to get support from McDonald’s Corporate. There was immediate agreement to establish a Ronald McDonald House in our nation’s capital. The nation’s 16th House opened June 6, 1980, proclaimed Ronald McDonald House Day by the Mayor.

Since starting with that one 16-bedroom House in 1980, we have expanded our services to include two Ronald McDonald House programs with a total of 32 guest rooms (soon to be 56 guest rooms upon completion of our expansion - see page 5 for more information), three Ronald McDonald Family Room programs, and two Ronald McDonald Care Mobile programs. These programs have made it possible for us to keep families near each other and the care they need.

In four decades of service to the Greater Washington, DC community, we have proudly served more than 19,580 families at our Ronald McDonald Houses.

We can think of no better way to celebrate our 40th Anniversary than to grow our capacity and serve more families in need. None of which would be possible without the dedication and generosity of friends like you. Because of your support, for 40 years, families and children facing pediatric illness have found comfort, resources, and love at Ronald McDonald House Charities of Greater Washington, DC.
A letter from the President & CEO

Dear Friends,

2020 was undoubtedly a difficult year for us all. The COVID-19 pandemic changed the lives of everyone on a global scale. All three of our core programs have been significantly affected by the unique challenges.

It is easy to feel overwhelmed and fearful when I reflect on the uncertainty of last year. But in 2020, we also proudly celebrated our organization’s 40th anniversary! And when I think about how RMHCDC began, with a group of courageous and compassionate parents who saw a better way forward for families facing childhood illness, I am filled with hope. Because I am reminded that like the founders of our chapter, who were able to pool their strength and make a difference in the lives of sick children by creating the first Ronald McDonald House of Washington, DC, individuals can do big, life-changing things, when they come together.

The affects of the pandemic will be felt for a long time to come. But thousands of vulnerable children and families depend on our programs and mission every day. So we must join together to continue moving forward as a community and as an organization to find creative ways to support one another and families in need.

There is a tremendous sense of gratification in making a positive difference in people’s lives. I am thrilled to be a small part of that process and to be able to continue to write our organization’s story with your help. In this time, and the new normal to come, we are grateful to have your support in easing the hardship of childhood illness on children and families… for 40+ more years to come.

Thank you,

Karen Torres,
President & CEO, RMHCDC

Far From Home
During a Pandemic

You helped Caleb’s family stay close and stay strong.

The future looked so bright … and then, the whole world came crashing down. That’s how Caleb’s family felt when they found out their baby was critically sick.

Caleb was born with multiple life-threatening conditions. He needed surgery, intensive care, and the love only his mom, dad, and siblings could provide.
Caleb's family vowed to stay by his side. They braced themselves for a difficult journey. Then came the COVID-19 pandemic – a health crisis impacting people around the world and right here in our community. As travel to and from the hospital became more difficult, the fight for Caleb's life became even harder.

At first, Caleb's family worried that they wouldn't be able to stay together. Then, they found out that they had a friend on their side... YOU. This is the story of how, at such a critical time, YOU made a real difference for families fighting illness. You shared the love and hope that Caleb and his family needed to pull through!

**Strength in Numbers**

After Caleb was born, he was rushed to the hospital's neonatal intensive care unit (NICU). The fragile newborn had a whole team rooting for him: his parents, Ashley and Ryan, and his siblings Skylar, age 10, Autumn, 7, and Cooper, 4.

Caleb’s family lived too far away to travel back and forth to the hospital every day. When a social worker told them that they could stay nearby at a Ronald McDonald House, Ashley called it “a blessing.” Thanks to you and your generous donations, she didn’t have to worry about where her family would eat, sleep, or do laundry for the next 113 days.

“Ronald McDonald House enabled us to be with our son so much more than we would have been able to otherwise,” Ryan says. “That ended up being critical to his survival.”

Then, just as COVID-19 began to sweep across the United States, little Autumn became sick with cold symptoms. She and her brothers were tested for the new coronavirus, and until the results came back, the family went into isolation. In a time of nearly paralyzing fear, the family found comfort and support inside their private room at a Ronald McDonald House.

Thankfully, the tests came back negative. And today, Caleb and his family are happy, healthy, and home! They’ll never forget how you helped them when they needed it most. Little Autumn has a special message for you: “Thank you for letting us stay at Ronald McDonald House! It’s so nice that we could be there!”

*Thank you for giving Caleb’s siblings all the care and support they needed at a challenging time.*

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**Volunteers Are The Heartbeat of our House**

*In 2020*

- **517 VOLUNTEER HOURS**
  Volunteer groups spent more than 500 hours cooking, cleaning, providing programming, and creating smiles.

- **185 MEALS**
  Meals provided time together and stress relief for our families.

- **215 VOLUNTEERS**
  More than 200 volunteers gave their time and talent to help make our programs a “home-away-from-home.”
The Impact of COVID-19 on our Operations

**Safety Protocols**
While COVID-19 has been a new challenge, we already had protocols in place to support families through infectious disease outbreaks, and throughout the pandemic we have built on this expertise to protect them.

We worked with the Disease Control experts at Inova Children’s Hospital, Children’s National Hospital, and MedStar Georgetown University Hospital to make the best decisions possible for our programs and ensure the safety of families and staff.

**Closed to Non-Residents**
Our Ronald McDonald House remains closed to all outside visitors and non-residents, including volunteer groups. While this is hard for all, it is most important right now to limit the number of people in and out of the House. We are so grateful to those who have had prepared meals delivered or have donated money and gift cards so we can order meals for families. This support is critical and has been very much appreciated by our families.

**Continuing to Serve Those In Need**
Our mission is more pressing than ever and we will continue to keep families close to their sick children and the care they need because even during a pandemic, pediatric illness does not take a break.

While we had to make the difficult decision to stop admitting new families in March 2020, current guests were welcome to stay as long as needed. Upon demonstration of strict adherence to health and safety guidelines, Ronald McDonald House Charities® cleared our chapter to begin accepting new families at a limited capacity in June 2020. By maintaining the necessary measures and having no positive cases of COVID-19 reported in our programs, we were able to increase to 75% capacity. As we navigate the continued uncertainty, our programs will continue operating at restricted capacity to ensure the health and safety of our families and staff.

We also worked with our partner, MedStar Georgetown University, to adapt our Ronald McDonald Care Mobile programs to address the immediate needs of the communities we serve. The most vulnerable families in Wards 4-8 were identified and we make weekly deliveries of groceries, medicine, and other essential care to protect and support them.
Thanks to you, 2,696 children were served across three core programs.*

The pandemic has been an added stress for families who are already burdened with the travel, expense, and fear that comes with facing pediatric illness. Now and always, we maintain our commitment to our mission because more than ever, these families need a place to call home, where they are assured cleanliness, care, and adherence to health and safety guidelines.

Ronald McDonald Houses
Number of Family Nights: 1,800
Number of Children Served: 123
Number of Family Members Served: 359
Average Length of Stay: 20 days
Longest Stay 2019-2020: 178 nights

U.S. Families to date:
Virginia: 46
Maryland: 18
West Virginia: 6
Pennsylvania: 2
Other: 19

Families in our Ronald McDonald Houses:
Total Number of Outpatient Visits: 36
Total Number of Inpatient Visits: 58
Hospitals Served: 10

Patient Departments to Date:
Neonatal ICU: 29
Cardiac ICU: 10
Pediatric ICU: 9
Transplant: 3
Hematology-Oncology: 1
Medical Care: 2
Surgical Care + Ortho: 9
BMT: 7
Gastroenterology: 2
Myositis Clinic: 2
Rehabilitation: 2
Other: 6

Ronald McDonald Family Rooms
Number of Family Visits: 585
and Hospitality a la Carte: 124

Ronald McDonald Care Mobiles
Total Number of Patients Served: 2,018
We're Expanding to Serve More Families!
Over the last four decades, RMHCDC has grown exponentially to better serve the needs of families who come to us for assistance.

Starting with one 16-bedroom house in 1980, we have since expanded our services to include two Ronald McDonald House programs with a total of 32 bedrooms, three Ronald McDonald Family Rooms, and two Ronald McDonald Care Mobiles serving families and children in the District, Maryland and Virginia. Through these three core programs, we help close to 11,000 children and their families annually.

Even with this progress, every year we are unable to provide aid to a growing number of families, due to our facilities' limited capacity. Our Ronald McDonald Houses have been forced to turn away 168 families because of a shortage of rooms. And the demand for rooms is only increasing. Newly opened oncology treatment units and the creation of specialized disease centers at major area hospitals will cause a rapid influx of families in need to our Ronald McDonald Houses over the next 2-3 years.

To serve this growing population, we renovated our Ronald McDonald House of Washington, DC to add 6 more guestrooms and are currently under construction at our Ronald McDonald House of Northern Virginia to add 16 more guestrooms. This $5+ million project will better position us to help the 33% of families on our wait lists we are not currently able to accommodate. Learn more at www.rmhcdc.org/40years.

Thank You to our Expansion Partners for helping us Build Hope.
Three Core Programs: *Comfort & Support for the Entire Family*

**Ronald McDonald House®: Keeping Families Close®**
Faced with a child’s illness, life stops overnight and parents enter a world of fear and worry. Most families have to travel hours for treatment; living expenses quickly add up, and they are far from family and friends. These are extra burdens no family should have to experience. Our two Ronald McDonald House programs provide a home for families so they can stay close by their hospitalized child at little or no cost. Built on the simple idea that nothing else should matter when a family is focused on the health of their child - our Ronald McDonald House programs provide much more than a place to stay; they provide comfort, support and resources for families with sick children just steps from the hospital.

**Ronald McDonald Care Mobile®: Giving Children Access to Health Care**
We operate two Ronald McDonald Care Mobile programs in association with MedStar Georgetown University Hospital. The KIDS Mobile Medical Clinic/Ronald McDonald Care Mobile delivers free, high quality, family-centered medical care to children from birth to 21 within their communities. Children who often have poor access to comprehensive pediatric medical services, receive this care regardless of financial means. The Ronald McDonald Care Mobile, focused on FITNESS (Fun in Teaching Nutrition and Exercise to Successful Students), partners with local schools in DC to deliver a curriculum emphasizing healthy eating and the importance of physical activity to students in grades K-8.

**Ronald McDonald Family Room®: Supporting Family-Centered Care**
Our Ronald McDonald Family Room programs at Children's National Hospital and Inova Children’s Hospital serve families right in the hospital, just moments away from a child’s beside. Family Room programs provide families a place to recharge and rest so they can be strong for their children.

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**Preliminary Financials: January 1 to December 31, 2020**

- **Revenue (including GIK)**: $4,269,583
- **Gift in Kind**: $668,683
- **Expenses**:
  - Program: $2,901,878
  - Fundraising: $450,239
  - Mgmt & Gen: $291,810.29
  - **Total Expenses**: $3,643,927
- **Change in net assets (net income)**: $625,656

- **Assets**:
  - Cash: $1,373,909
  - Accts Receivable: $674,363
  - Prepaid Expenses: $35,065
  - Total Current Assets: $2,083,337
  - Restricted Cash: $463,784
  - Investments: $10,462,589
  - Long-term receivables: $930,333
  - Fixed Assets, Net: $10,316,334
  - **Total Assets**: $24,262,377

- **Liabilities**:
  - Accts Payable: $130,193
  - Other Current Liabilities: $90,793
  - Total Current Liabilities: $220,986
  - Longer-term Capital Lease Payable: $10,042
  - Total Long-Term Liabilities: $10,042
  - **Total Liabilities**: $231,028

- **Net Assets**:
  - Unrestricted Undesignated: $6,034,917
  - Unrestricted Board Designated: $13,186,192
  - Total Without Donor Restrictions: $19,221,109
  - Temporarily Restricted: $3,469,739
  - Permanently Restricted: $1,340,501
  - Total With Donor Restrictions: $4,810,240
  - Total Net Assets: $24,031,349
  - **Total Liabilities & Net Assets**: $24,262,377

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*2020 Financials are pending audit and are not finalized. Copies of RMHCDC 2019 audited financial statements are available by request from finance@rmhcdc.org.*
We gratefully recognize the Loyal Hearts Society members who have been critical to expanding our care for families in need.

These generous donors gave $1,000 or more over the course of 2020, gaining them a place not only in our hearts, but also in our home. The names of our Loyal Hearts Society members are listed in our Ronald McDonald House, acting as a physical reminder of the support and care these donors have given our children and families.

### HEARTS OF GOLD
**$5,000 and above**
- Cathy Bernard
- William & Joan Haupt
- Michael & Danielle Huff
- Glenn Kikuchi
- The Lahr Family
- Lakeside Foundation
- Scott Marschall
- Patricia A. McKervey
- Mr. & Mrs. Kenneth J. Mello
- Dr. David Nelson
- Sudhaker Shenoy
- James G. Davis
- Construction Corporation
- Jeffery Tabak
- TD Charitable Foundation
- Neva Van Valkenburg

Sarah Wagner
WalletHub
Whispering Bells Foundation

### HEARTS OF CARE
**$1,001 - $2,999**
- Alpha Delta Pi, GWU
- Alpha Pi Chapter
- Anytime Fitness
- The Ash Family
- Stephen & Frances A. Borsh
- William Boyd
- Beatriz Burns
- Nia Catwell
- Inge Chilman
- Carmen Crespo
- Cotton & Company LLP
- Mr. & Mrs. Gary Daigle
- Michael Dillon
- Suzann A. Dodds
- The Eckloff Family
- EurAuPair International
- Hill Fitzgerel
- Fluor Corporation
- GMU Ice Hockey
- Kristina Grumiaux
- Teresa Haycraft
- Henry Holland
- Barbara & Matthew Johnson
- Gregory Kassing
- Carlin R. Kenny
- Benjamin L. "Poncho" Kidwell
- Jocelyn Linke
- David Malcarney
- Martin-Brower Company
- James McLaughlin
- Rittinger
- NCB Construction, Inc.
- Northwestern Mutual Foundation
- Chris & Sarah Quillen
- Ritz Carlton at Tysons Corner
- Karen Sowers
- The Boeing Company
- Karen B. Torres
- Samuel Walker
- Mr. & Mrs. John F. Welch

### HEARTS OF HOPE
**$1,000**
- Michael Ball
- Mr. & Mrs. John F. Breyer
- Ronald W. Cavill
- Richard Dagen
- Courtney & Dustin Davis
- Mr. & Mrs. Harry Dombraud
- Stanley R. Gnatowski
- Courtney & Mosha Harris
- Ivan Harris
- Mr. & Mrs. Tom Herrmann
- Beth Hogan
- Mark Jacobsen
- Vernon & Kathy Joyner
- Paul J. Kiernan
- Kevin Michael Kime
- Ted McDaniel
- Mary Ellen McGlone
- Michael Degitz & Ann Gallagher Charitable Fund
- Modern Technology Solutions, Inc.
- Mr. & Mrs. William J. Morris
- Mr. & Mrs. Dan O’Hara
- Martha Parra
- Huy Phan
- Judith Picarelli
- Michael Pilon
- Stephanie & Robert Pruyn
- Renee Reiner
- Kerry Riley
- Rotary Club of Falls Church
- Mike & Lori Rowen
- In Memory of Billie Jennean Shaddix
- Mr. & Mrs. David Shaw
- SK&A, Structural Engineers, PLLC
- Mr. & Mrs. Daniel L. Smith
- Mr. & Mrs. Jonathan L. Spear
- The Stevens Family
- The Beck Foundation
- The Louis & Dora Smith Foundation, Inc.
- Nancy Whitaker
- Pat Whitehead
- Sallye Williams
SOMETIMES, THE BEST MEDICINE IS HAVING FAMILY NEARBY.

Thanks to these and other generous donors, thousands of families have the comfort, support, financial relief, and access to medical care needed most when a family is struggling with the illness of a child. Thank you for providing more hugs, kisses, and I love yous when they need it most.

THANK YOU
The generosity, love, and support you show is felt deeply by every one of the children and families we serve.

DONORS JANUARY 1, 2020 - DECEMBER 31, 2020

$100,000+
The Estate of Ruth Emery
McDonald’s Owner/Operators of Greater Washington, DC
Ronald McDonald House Charities

$25,000 TO $99,999
Van Management, Inc.

$10,000 TO $24,999
Kay Family Foundation
Lakeside Foundation
Welburn Management

$5,000 TO $9,999
Anderabi Enterprises LLC
Independent Order of Odd Fellows
The TJX Foundation

$1,000 TO $4,999
(Excluding Loyal Hearts Society)
Acumen Solutions, Inc.
Beyond Strength Performance
Carmen Crespo
Children’s National Hospital

Goods & Services $25,000+
HKS Architects
Interface Engineering
James G. Davis Construction
WeWork

$10,000 TO $24,999
Airbnb
Giant Food Nutritionists
Inova Fairfax Hospital

$5,000 TO $9,999
Atisha Burks
Department of Energy & Environment
Holland & Knight LLP
Lego Group
My Plumber
Sleep Number Tempur-Sealy Thirty-One Gifts

$1,000 TO $4,999
Able Moving & Storage
Alpha Delta Pi, GWU Alpha Pi Chapter
Alpha Delta Pi-Beta Phi Chapter
A-Plus Washington Metro Chapter

ATI Physical Therapy
Booz Allen Hamilton
Brightview Landscape Services
Century 21 New Millenium Choice Program

Lonnie Thomas
Loudoun County Knitting & Crochet Group
Macy’s DelMarVa South District Visual
Macy’s Pentagon City
Martin-Brower Company
Mattie Miracle Cancer Foundation
McDonald’s Bethesda Field Office
NAPE MD Chapter 5
Natas-NCCB
Nativ3
Northwestern Mutual
Nova Blanketeers
PEO Sisterhood
Pet Smart
Project Linus
Ronald McDonald House Charities
Shinnyo-en Foundation
Somphane Rattana-Jones
Stacey Coolican United Rentals
Volunteer Fairfax
Young Men’s Service League
Zyedge
How Does McDonald’s Help?

Ronald McDonald House Charities has been McDonald’s “charity of choice” for over 40 years.

Portions of the annual operating costs for Ronald McDonald Houses are generously funded by local owner/operators of McDonald’s restaurants. The remainder of our annual operating income comes from the generosity of individual, foundations, and corporate donors.

McDonald’s involvement extends beyond monetary support. Franchises partner with RMHCDC for promotional and fundraising events; Owner/operators participate on our RMHCDC board. Globally, more than $200 million has been collected through RMHC Donation Boxes.

Although McDonald's owner/operators are our Foundation Caring Partners, RMHCDC is a non-profit 501(c)(3) corporation and no one company can solely fund the growth of RMHCDC programs and services necessary to serve more families. We also rely on the support of the entire community and greatly value any donations you can afford to RMHCDC, whether it’s through cash and/or in-kind contributions, your time or fundraising efforts.

How can you help RMHC families when you order from McDonald’s? Make a $1, $3 or $5 donation to RMHC next time you complete your mobile order at participating restaurants!
The mission of Ronald McDonald House Charities® of Greater Washington, DC (RMHCDC) is to ease the hardship of childhood illness on families through programs that directly improve the health and well-being of children.

“Had it not been for RMHCDC we wouldn't be able to get the care our daughters needed nor keep our family together. Together is the best place to be.” - Denise Gehrman

Please continue your support by donating at www.rmhcdc.org. Thank you!