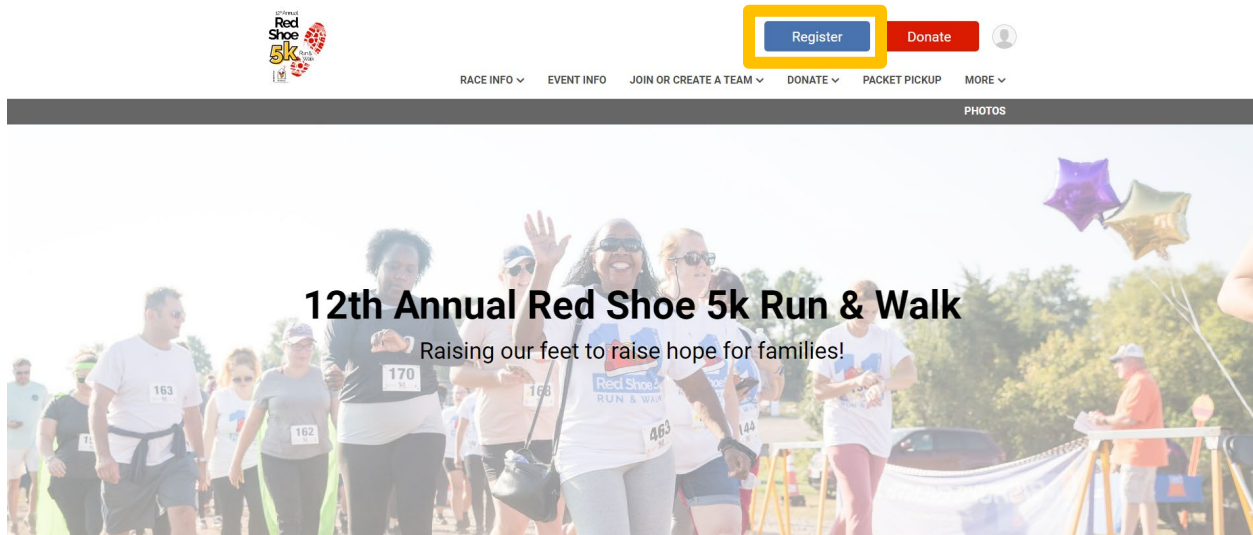




How to Register for the 2022 Red Shoe 5k

1. Go to www.redshoe5k.org and click [Register](#).



2. Enter the information of Registrant #1 (you or another person).

Registrant #1 Clear all fields

Who are you registering? *

Me
Adult, 18+

Other Adult
Adult, 18+

Minor
Under 18

Quick Fill Choose one of your existing profiles to quickly fill in the registration form.

Basic Info

First Name *

Last Name *

Email Address *

Confirm Email *

Additional Information

Date of Birth * Used for age group calculations

Gender * Male Female Non-Binary Prefer Not to Say

Phone

Address

Street Address *

City *

State *

Country

Zip Code *

3. Choose your race. You have the option of the Red Shoe 5k in person or virtual and the Kid's Fun Run for ages 8 and under, in person or virtual.
 - a. For all virtual registrations, you will be asked to confirm the shipping address later in the registration process. Packets for virtual participants will be mailed out prior to the start of the virtual race: Oct. 2nd – 15th, 2022.

Choose Your Race *

<input type="radio"/> Red Shoe 5k Sunday October 16, 2022	\$40.00 \$35.00 + \$3.03 SignUp Fee ⓘ — Community Team Pricing May Apply ⓘ
The race features a varied course with average terrain that includes some gravel surfaces and slight incline. The racecourse takes runners and walkers along the beautiful waterfront of the Potomac River and across the Woodrow Wilson bridge for stunning scenic views. We welcome runners and walkers of all abilities and ages.	
<input type="radio"/> Kid's Fun Run Sunday October 16, 2022 Open to ages 8 and under.	\$30.00 \$25.00 + \$2.45 SignUp Fee ⓘ — Community Team Pricing May Apply ⓘ
The racecourse takes the kids up to the iconic National Harbor Ferris Wheel and back for a short, scenic Fun Run. We welcome kids of all abilities, ages 8 and under.	
<input type="radio"/> Virtual Red Shoe 5k Sunday October 2, 2022 - Saturday October 15, 2022	\$40.00 + \$3.32 SignUp Fee ⓘ — Community Team Pricing May Apply ⓘ
Run or walk, wherever you are any time between Sunday, October 2 and Saturday October 15! Take your favorite neighborhood path or try a new one at a local park. Wherever you raise your feet, you'll be raising hope for families with a hospitalized child - thank you! Race packets will be mailed at least one week prior to the start of the virtual event. Make sure to submit your time for a chance to qualify for prizes!	
<input type="radio"/> Virtual Kid's Fun Run Sunday October 2, 2022 - Saturday October 15, 2022 Open to ages 8 and under.	\$30.00 + \$2.74 SignUp Fee ⓘ — Community Team Pricing May Apply ⓘ
Kids can run or walk for as long as they would like between Sunday, October 2 and Saturday October 15! They can sprint up their favorite neighborhood path or take a stroll in a local park. Wherever your kids are raising their feet, they'll be raising hope for families with a hospitalized child - thank you! Race packets will be mailed at least one week prior to the start of the virtual event. Make sure to submit your time for a chance to qualify for prizes!	

4. **Click “Add Another Registrant”** if you would like to register for multiple people. When you register 10 or more people, **Multi-Person Pricing** will become available, which automatically gives your group of 10 the \$5 team discount on each registration.

...to qualify for prizes!

+ Add Another Registrant

Multi-Person Pricing

None ▾


Waiver [Open waiver in new window](#) ⓘ

By checking this box, I agree to the waiver and that I am 18 or older, or that I have the authority to register these participants and agree to the waiver for them, and agree to the [Privacy Policy](#).

Continue

5. Read and accept the **waiver**, then click continue.
6. If you are not a sponsor and want to join or create a team, you can do so here. Otherwise, click continue.

No Community Team Join an Existing Community Team Create a New Community Team



No Community Team is selected
Choose an option above to join or create a Community Team.

Continue Back

7. Select your shirt size and enter your cell phone number if you would like to receive text message updates.


T-Shirt Option *

-- Select An Option --

Feels like a t-shirt but helps you stay cool while active! This blended t-shirt is the best of both worlds: feels like a tee, but with some added performance! Anti-odor? Moisture-wicking treatment? Yes and yes!

Standard fit: straight fit on body, chest, & arms

4.8 oz., 60/40 cotton/polyester blend with moisture management treatment
Oxford is 53/47 polyester/cotton blend
Anti-odor technology
Soft spun yarn
UPF 30+ protection



If you would like to sign up to receive text message updates for this race, please enter your cell phone number here.

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8. Make a donation in support of the families we serve, to help a fundraiser towards their goal, or become a fundraiser yourself!

Select a fundraiser to donate to a cause.
Select "Become a Fundraiser" if you would like to set up a new fundraiser.

Fundraiser | Team Fundraiser

Search Fundraisers

Become a Fundraiser

Switch View

Donation

\$500 | \$125 | \$60 | \$25

Custom Amount

Enter a custom donation amount or select a donation level above.

\$ 0.00

9. Optional Add-ons: Striped Socks or Upgraded Race Shirt. You can pick up both at packet pick-up.



RMHC "Show Your Stripes" Socks

The signature "Show Your Stripes" socks are available for purchase! In person registrants will receive their socks at packet pickup. Virtual registrants will receive their socks in the mail along with their shirt.

RMHC "Show Your Stripes"
Socks – \$10.00

Quantity:



Upgrade My Race Shirt

Upgraded Performance T-shirts are guaranteed only to runners registered before September 7th. A limited number of performance t-shirts will be available on race day for in-person purchase on a first-come first-served basis.

Get outside in style with this Paragon Islander made-for-outdoors performance shirt! Sun protection, wrinkle resistance, and moisture management technology all come together to make you comfortable while out and about.

- 3.5 oz., 100% microfiber performance polyester
- Paragon Plus moisture management
- Anti-microbial and wrinkle resistant finish
- Raglan shoulder and inset sleeves
- UPF 50+ protection
- Tear away label
- Navy blue

Upgrade My Race Shirt – \$10.00

No | ▾

Continue

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10. Submit your payment information. If you have a coupon code for student pricing, sponsorship discounts, or a team discount enter it in the coupon field. If you qualify for one of these discounts and need a code, please us at redshoe5k@rmhcdc.org. A confirmation email will be sent to the email provided automatically.